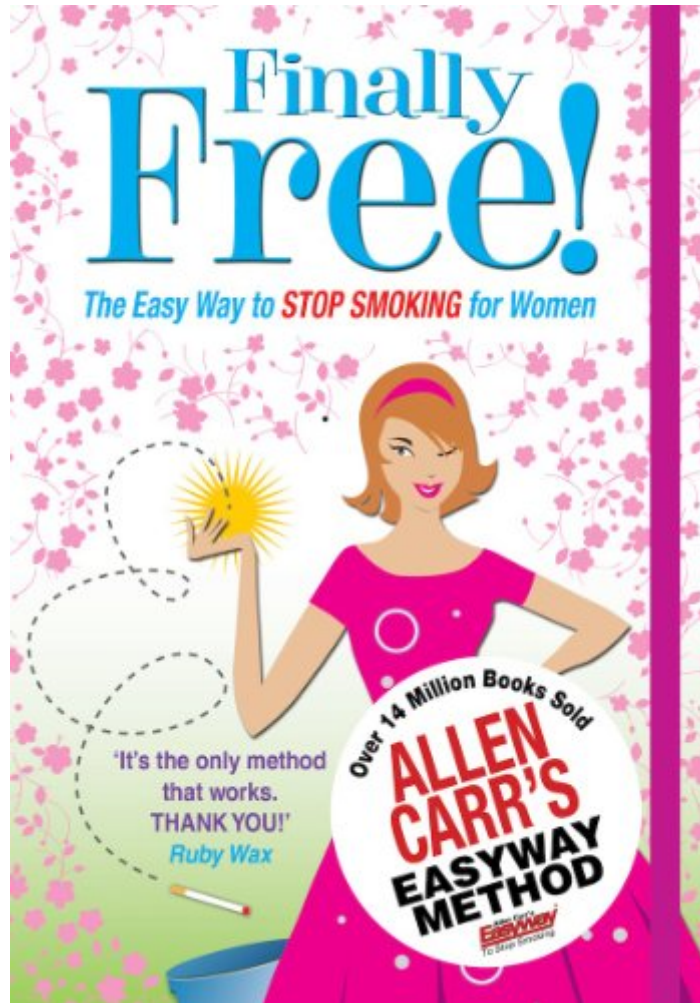


The book was found

# Allen Carr's Finally Free! The Easy Way To Stop Smoking For Women



## Synopsis

Allen Carr's Easyway is the most successful stop smoking method of all time. It has helped millions of smokers all over the world quit instantly, easily, painlessly and permanently. Finally Free! is a specially adapted, cutting-edge presentation of Allen Carr's Easyway method with accessible new text and design. Here, every aspect of smoking is examined from a female perspective, and answers are provided to every question and concern. Allen Carr's Easyway works both for casual and heavy smokers, and regardless of how long you have been smoking. There are no gimmicks or scare tactics, you won't put on weight, and you can even smoke while you read. "I stopped smoking" | I read this book by Allen Carr. Everyone who reads this book stops smoking! Ellen DeGeneres "For the first time in my adult life I am free!" Woman's Journal

## Book Information

File Size: 2042 KB

Print Length: 256 pages

Publisher: Arcturus Publishing Limited (October 31, 2012)

Publication Date: October 31, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B00A03DD4C

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #367,620 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #41

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Tobacco

#93 in Books > Health, Fitness & Dieting > Addiction & Recovery > Smoking #339 in Kindle

Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

## Customer Reviews

Thank You so much for writing this book! First and foremost I thank God Almighty for helping me every step of the way, and secondly for this book. The book helps you to replace your mental position on smoking and never ever have the desire to smoke.

Allen Carr has simplified leaving this prison called smoking. Perhaps seeing the truth and only the truth, there is only one piece of evidence that is conclusive, there is a simpler way to stop smoking permanently

Finally quit, after 30 years of smoking on and off and lots of tries! Can't believe how easy it was, sure wish I would have found this years ago. Allen Carr's amazing positive attitude has also helped me quit drinking. I feel like I have a new lease on life.

I'm no longer a smoker after 38 years!!! If you really want to quit, it will work for you, too. It puts a whole new perspective on the silly habit.

I was the most 'confirmed' of the confirmed lifelong smokers. This is not a gimmick. This works. All you have to do is read it with an open mind. It took me 2 hours...the best 2 hours of my life thus far. I am finally free of this hideous addiction. Thank you, Allen Carr.

Very helpful. I am now a non-smoker. I have no desire to light up another cigarette again in my life.

Well didn't work found it too much about other people rather than giving up smoking but have now bought another earlier version so fingers crossed

[Download to continue reading...](#)

Smoking: Stop Smoking for Life! - The Easiest Way to Finally Quit Smoking: Stop Smoking, Quit Smoking (Addictions, Addiction Recovery, Quit Smoking, Cigarettes, Tobacco) Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) Allen Carr's Finally Free! The Easy Way to Stop Smoking for Women Stop Smoking: Stop Smoking Fast: 15 Steps to Stop Smoking: A Proven Step-by-Step Guide to Naturally Quit Smoking Cigarettes for Life (Quit Smoking Method) Allen Carr's Easy Way to Stop Smoking Allen Carr's Easy Way to Stop Smoking: Revised Edition Quit Smoking: Stop Smoking Now Quickly And Easily- The Best All Natural And Modern Methods To Quit Smoking (Quit Smoking Now Quickly & Easily So You Can ... & Defeat Nicotine Addiction Once & For All) Allen Carr's Stop Smoking Now Callen Carr's Easy Way to Stop Smoking Smoking Addiction: Desire To Stop Smoking Addiction Just Three Steps (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Change Your Habits Change Your Life: Break Your

Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating) Allen Carr's Easy Way to Control Alcohol How to Quit Smoking Now :The Natural, Fast, and Easy Way: (A Step by Step Process on How to Stop Your Smoking Addiction Now) The Allergy Self-Help Cookbook: Over 350 Natural Foods Recipes, Free of All Common Food Allergens: wheat-free, milk-free, egg-free, corn-free, sugar-free, yeast-free Stop Drinking Now: The Easy Way To Stop Drinking (I Need To Stop Drinking) Stop Smoking, Quit Your Smoking Habit with Hypnosis, Meditation, and Affirmations: The Sleep Learning System Easy Breadmaking for Special Diets : Wheat-Free, Milk- And Lactose-Free, Egg-Free, Gluten-Free, Yeast-Free, Sugar-Free, Low Fat, High To Low Fiber The Easy Way to Stop Smoking Easy Way to Stop Smoking Easy Way to Stop Smoking (Penguin Health Care & Fitness)

[Dmca](#)